

# Namutamba Rehabilitation Center

Annual Review 2014

Everyone is special, gifted and able to help others to glorify God  
1.Peter 4; 10+11



## About us

Powers: Non Government and non profit.

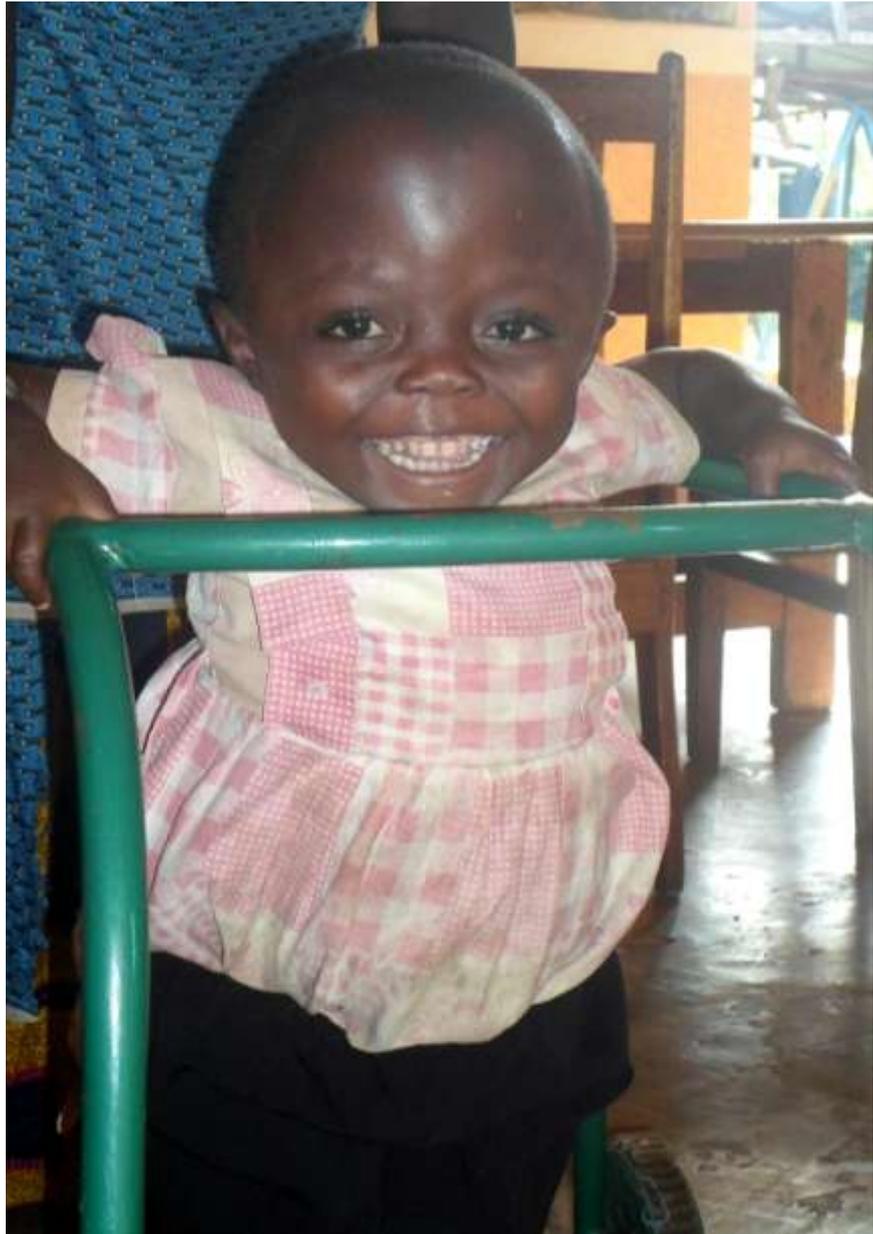
Goal: Holistic Rehabilitation

Beneficiaries: Children with Disabilities

Location: Namutamba, Lweyo

Core value: Promote Christian Values

Area of operation: Mityana, Mubende, Kiboga/ Kyankwanzi



Arise, shine; for thy light is come, and the glory of the LORD is risen upon thee.

Isaiah 60:1



## content

Board Chairperson.....	3
Departmental Report.....	4
Major Highlights.....	5
Success story.....	7
Detailed medical achievements.....	8
Special moments.....	9
Challenges.....	10
Appreciation.....	10
Other information.....	10

### Abbreviations

CoRSU:	Comprehensive Rehabilitation Services in Uganda
KCH:	Katalemwa Cheshire Home
CP:	Cerebral palsy
GMMT:	German Missionary Medical Team
VM:	Voluntary Mediator
NRC:	Namutamba Rehabilitation Center
UPMB:	Uganda Protestant Medical Bureau
OT:	Occupational Therapist
PHC:	Primary Health Care
CECE:	Community Effort for Child Empowerment.



## Foreword

**Here is 2015 another year to see God's hand** in our work. God has always been so faithful, helping us, leading us and lifting us through all the situations that appeared very complex for us.

Namutamba Rehabilitation Center and its comrades have seen the arm of God and his grace has helped us through all the years and we believe His mercies will help us through the new year.

We have been able to treat a reasonable number of children within our ability and bracket but some need and demand for services within the area of jurisdiction require extra funding- a thing which we cannot do alone. We therefore leave some things to God.

I wish to appreciate all our main funders and contributors to the sustainability of Namutamba RC services. Without you Namutamba RC may not have existed this year.

On a special note, I convey my sincere appreciation to Gen. Caleb Akandwanaho through his daughter Ms. Esteri Akandwanaho for a donation of 10 cows to the Center, this is the biggest donation ever reported from Uganda for the Center. We will be so glad if more of the local people realizes the need for our services and does support-it is for our own good and Sir we are ever grateful for your contribution!

I appreciate the entire staff for their unquestionable commitment to the work of the Center and I want to let you know that you are the major contributor to the achievement reported within this report.

For all stakeholders like Mityana Diocese and partners, we are glad for whatever we are able to achieve together and we do cherish all momenta-activities jointly engaged. I am sure our partnership is worth a progress and investment.

Lastly but not least I thank God for all the Board members and staffs. I really appreciate all your guidance and prayers and for taking part in the activities of the Center.

May God bless you all, and always.

Rev. Israel Mwesigwa.

Board Chairperson

Namutamba RC



## Departmental Reports

We are finally here, 2014 has ended; and for any achiever its worth checking and reflecting on the progress. As for Namutamba RC, we reflect on our achievement in pursuing holistic rehabilitation services as stated in our vision.

Before stating any major achievements for the year, I would like to bring to your attention the changes that took place during the period;

### Staff changes

We are glad to report that NRC managed to employ 2 personnel of different cadres. That is; an Occupational Therapist and a medical programmes assistant. The two are directly work in daily NRC operation of the medical department. The OT is playing a great role in the mental (psychological or Social) and physical rehabilitation of children and jointly work with the Physiotherapist at the Center and on outreaches.

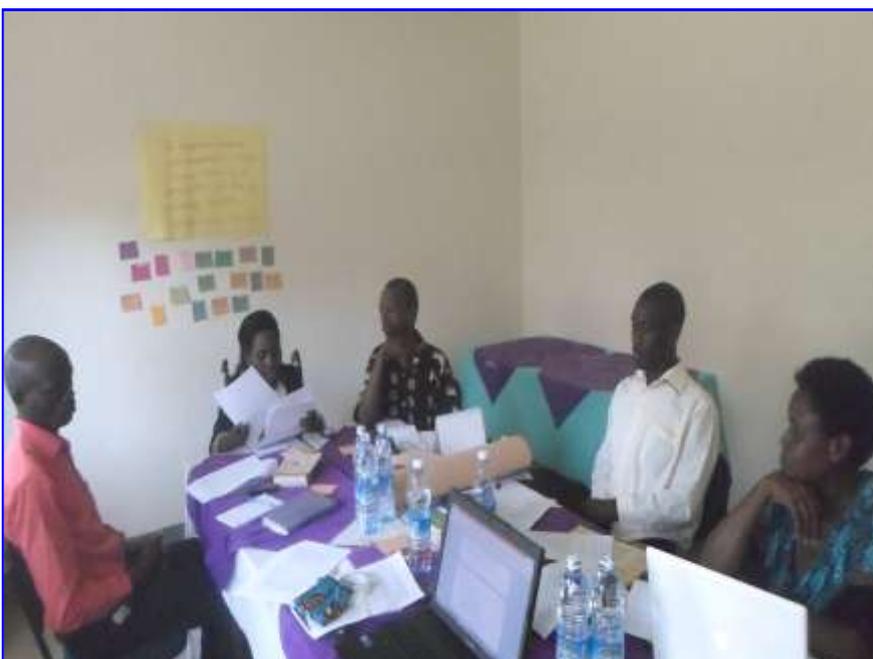
Nabukeera Rose the former Physio Assistant left after the expiry of her contract in February.

Sr. Lena Pleis left in February, she went back to Germany.

Sr. Lydia the In-charge went to Germany for fundraising for 6 months (Jan-July). During this time NRC received other short time volunteers to assist the Ugandan staff in executing work.

Physiotherapist and medical in-charge went for further specialized training in the management of babies, called the baby course- or early detection and intervention of Cerebral Motors disturbances. The course was held in Chris-Baragwaneth-Hospital in South Africa the largest hospital in the world.

Nakafunvu Betty the administrative Assistant has completed her Masters in Business Administration.



*NRC management during a strategic review meeting with the Board Chairperson (Rev. Can. Israel Mwezigwa) and the facilitator ; Mrs. Edreda Bampeta*

### Major Highlights

Installation of the electrical system- As we had reported before that there was a need to reinstall the electric system because the old one was becoming risky to NRC community . The support was from GMMT, Neukirchener Mission and local contributions (Include percentages). Laborers were also provided by GMMT directly from Germany.

Receipt of ten cows- During the year the promise from Gen. Caleb Akandwanaho was fulfilled when he gave 10 cows to the Center. We are grateful for that contribution. It marked the biggest contribution ever received from Uganda for the work of the Center.



Water filters- Safe drinking water was achieved after a donation of 2 water filters by Friendly Water for the World.

Planning retreats—NRC held a planning retreat in December and this was an eye opener to management to prioritize services based on available resources.

### Funding

There has been an increase in hospital stay and on this note, we increased beneficiaries contribution which enable a 16.3% of the total year collection. Some care-takers are able to pay the charged amount while others are not able at all. For those that are not able, provisions are made and they can still receive all our services after a thorough assessment of their situation.

NRC received a donation from Dr. Schneider to enable the addition to the Human Resource. It is through this that NRC is able to employ 2 more staff (The Occupational Therapist and a Programmes Assistant) for 1 year.

Donor	Overall donor contribution in shs	percentage
Lilian foundation	20,300,004	9.9%
Neukirchener Mission	134,057,750	64.8%
Beneficiaries contribution	33,718,000	16.3%
Local government grant	6,677,001	3.2%
Other Donations	10,870,750	5.3%
Small items sale	1004850	0.5%
<b>Totals</b>	<b>206,628,355</b>	<b>100%</b>

fig1

The expense

FIG.2

subject	Amount in shs.	Percentage
Cost of living	24,470,350	12%
Staff expenses	58,583,300	28.8%
Transport	11,877,300	6%
Administration	5,824,309	2.9%
Maintenance	6,195,900	3%
Medical expenses	77,856,450	38%
Fieldwork	7,567,250	1.8%
School fees	7,516,550	3.7%
Other expenses	3,723,100	3.8%
<b>Total</b>	<b>203,614,509</b>	<b>100%</b>

With an increase in medical costs at CoRSU, Namutamba spends a lot more on medical costs and this prompted the increment in beneficiaries contribution. And with suspected further medical increment at CoRSU, NRC tends to plan to make further adjustments in beneficiaries contribution in future.

Medical Department

With an increase in the staffing of the medical department, we were able to engage in other programmes with partners. Through this, 3 staffs were trained as facilitators in the course themed; **‘getting to know Cerebral Palsy’** trainings run and supported by Motivation Africa. 16 Parents/ Caretakers were also trained and so far, 12 parents got the whole package of the training programme.



This programme is where parents/ caretakers of CP children are taken through a course to help them cope with the conditions of their children and are given skills and knowledge on how to handle their children at home and in their communities.

Children got specialized wheelchairs that were donated by Motivation Africa.

There has been remarkable improvement in children (Children with disabilities) welfare and caretakers were motivated to practice what they learnt.

## Maria's success story



Arriving at NRC together with Kiyinda Diocese personnel, Maria was very down and seemed to be struggling to gain her confidence when she was in the waiting line at NRC as other fellows watched her in dismay. Maria currently 11 years old was born to a family of 4 children in Kyankwanzi.

The warmth of a new member in a family was cooled by the sight of a deformed baby (Multiple joint contracture syndrome) and this was a great tragedy to the family.

At a later age, Maria was given to her grandparents to take care.

Hearing of NRC through Kiyinda Diocese Field visits, grannies made efforts to seek medical advice with their help.

**‘Ha! Once I walk, or at least stand, I will go home even before the end of the rehabilitation Process.’ she often commented.**

Once the medical team asked about her constant comments, she responded that she was named all sorts of names ranging from (the snake.... Trash), mocked and the abuses were too much for her that she even feared to go to school.

Maria was taken to CoRSU by NRC for specialist interventions and was operated.

It was not long after the operation that her hopes became a reality; she began standing straight and with continuous therapy, she was later able to walk on crutches.

During the rehabilitation Process. Maria was eager. She wanted her mockers to see her even before the completion of the rehabilitation process. And so she decided to pay a visit to her home for a while. Coming back, was of a joyous tale that surprised all her fellows.

Much as she is still on further deformity correction, she is already confident and motivated about life and the future as a growing youth. She plans to go to school and do all house chores like a normal African girl of her age.

**‘Thanks be to God for NRC staff and the specialists that have caused a change in my life’ says Maria.**

Maria will be getting another surgery for her hands after getting used to walking without crutches.





Detailed medical achievements

Fig 2: Number of new clients assessed and treated at NRC



Disability	2013	2014
Cerebral palsy	245	96
Epilepsy	352	170
Osteomyelitis	38	27
Others	174	161
Cleft lip	11	4
Clubfoot	35	34
Post Burn Contractures	9	11
<b>Total</b>	<b>864</b>	<b>503</b>

Anti -Epileptic

The anti-epileptic programme constitutes a number of patients with epilepsy who routinely collect medicine from outreach places as mentioned in the statistical table below. However, with a view of re-organizing NRC for holistic quality services to children with disabilities, NRC plans to withdraw from this service and it is hoped that by the beginning of 2016, NRC will stop supporting this programmes. We will ensure that whatever is possible will be done to link these patients to other service providers.

The Kiboga anti-epileptic programme has already been handed over, stakeholders in this were; Kiboga hospital and CECE in partnership with Child Fund International. This was done in November 2014. NRC staff will be going to Kiboga twice a year to assess children with other disabilities.

*Treated patients with Epilepsy 2014*

fig2

Disability	Frequency of attendance	Number of patients
Kassanda	5	96
Kiganda	7	100
Zigotti	7	61
Kiyuni	6	69
Maanyi	7	75
Namutamba	12	33

In the management retreat, it was agreed to eliminate the anti epileptic treatment and regular outreaches that were being held. This is because there are other possibilities for them to get services.

Namutamba RC administration and management is making processes for withdrawals from Epilepsy treatment.

## Special moments

Namutamba RC children attended a special sports event for children with disabilities at CoRSU. It was fun and they were delighted to participate in sports activities together with other children.



### Staff trip



The staff experiencing the Ugandan Industrial power during their tour at Kakira Sugar works.

### The joy of being cared for!

In addition to the attention he always received from every one, getting a new wheelchair was a gain an adorable moment for Ricardo (Friday Mwanje)

The five years old boy was born deformed and passed through earlier rehabilitation by Namutamba RC after which his parents were advised on best ways of raising him up.

He has currently started school and he received a nice wheelchair to enable him move other than crawling. His smiles and words are endless!! And you would not stop giggling at the glance of his smiley face and comments!

His joy of receiving a new wheelchair was contagious, and before we know it , every one is on board of a joyous truck!



### A friend's visit



With the person he loves he is not regarded a dump and weak boy. Bongole will always strive to talk and sing or even perform activities at the presence of Sr . Lydia. Their remarkable friendship pulled Lydia to visit his home a few months after he was discharged from the Center.

The 6 years old boy tends never to recall or understand any body but at a glance of a best friend like Lydia he runs to receive her and starts mimicking their last word. Love can really cause a change in a persons life if expressed!



## Challenges

1. The ever increasing Medical costs leading to reduced number of children who receive surgery and total elimination of children above 17 from accessing medical services.
2. Increasing cost of living leading to demand for higher salaries.
3. Changing government policies regarding Non government organisations **and volunteers' requirements.**

We are ever grateful to;

Neukirchener Mission: for taking up Namutamba RC in all dimensions .

CBM : for the good cooperation and paying operation fees for children at CoRSU hospital.

GMMT: for supporting NRC with staff and new Electric-system installation.

CoRSU Hospital: for close networking in the whole process of rehabilitation of clients.

Katalemwa Cheshire Home : for cooperation and providing appliances.

Ministry of Health: for support in PHC and medical services.

Health sector of Mityana District : for networking and PHC support.

Lilian Foundation Netherlands : for supporting children in their rehabilitation and skills training.

Child fund Kyankwanzi -Kiboga: for supporting the Anti-Epileptic clinics in Kiboga-Kyankwanzi

Church of Uganda : for good cooperation with Mityana Diocese.

UPMB : for all information and logistics support.

The individual donors like; Rev. Dodie, Mr. Horst Dieter Schwarz, Mrs G. Schneider for all the input.

## Information



Namutamba RC is Non Government and Non Profit organisation which depends donations to operate.

It is therefore, our plea that if there is any way you can act, say; mobilising resources and advocating for the children, it is highly recommendable. To be a blessing to children use the account below:

Account No.

9030002066830

Branch: Stanbic Bank of Uganda LTD, Kampala Road, Kampala.

Name: Namutamba Rehabilitation Center.

Namutamba Rehabilitation Center welcomes the partnership and any mutual cooperation with other organisation and we mainly encourage closer collaboration with organisation that help children and youth with.

Please feel free to contact us on:

Tel: +256-772-458-101

Email: nrc.namutamba@gmail.com

For more information about NRC visit our website: [www.reha-uganda.org](http://www.reha-uganda.org)

