

Namutamba Rehabilitation Centre



For Handicapped Children
PO Box 6045
Kampala/ Uganda

Annual Review 2004

Table of Content

1. Introduction

2. Historical Background

3. Objectives

4. Services offered

5. Structure of Namutamba RCHC

6. Achievements and challenges

7. Future plans

8. Finances

9. Networking with other Organization

10. Conclusion

1. INTRODUCTION

We are grateful to look back to the year 2004 with all the challenges and achievements. In this report you will find a brief overview of the main activities and successes to mark the strengths and the weaknesses of the programmes.

It's the preferred scenario to develop the team work among the staff, however this kind of service requires God's confrontational commitment.

The center functions in departments as followed :

- Administration department
- Medical department
- Workshop department
- Agriculture department
- Catering department

Therefore the report will be introduced according to the departments .

2.HISTORICAL BACKGROUND

The vision for the Centre was first conceived by Mr.B. Schweinberger in 1991, who was a German Missionary based at Namutamba.

He demonstrated practically the sympathy for children with disabilities. Through his own initiative he solicited funds to put up the Centre for rehabilitation.

The home as an institution for children with disabilities, was opened in 1994 by the then Vice President of Uganda, Dr.Samson Kisekka, under the name of "THE LIGHT OF JESUS FOR HANDICAPPED CHILDREN".

In September 1997 the German based Neukirchener Mission took over the administration from Mr.Schweinberger. The name has now changed to "NAMUTAMBA REHABILITATION CENTRE FOR HANDICAPPED CHILDREN" but the original vision has not changed.

3. OBJECTIVES OF NAMUTAMBA RCHC

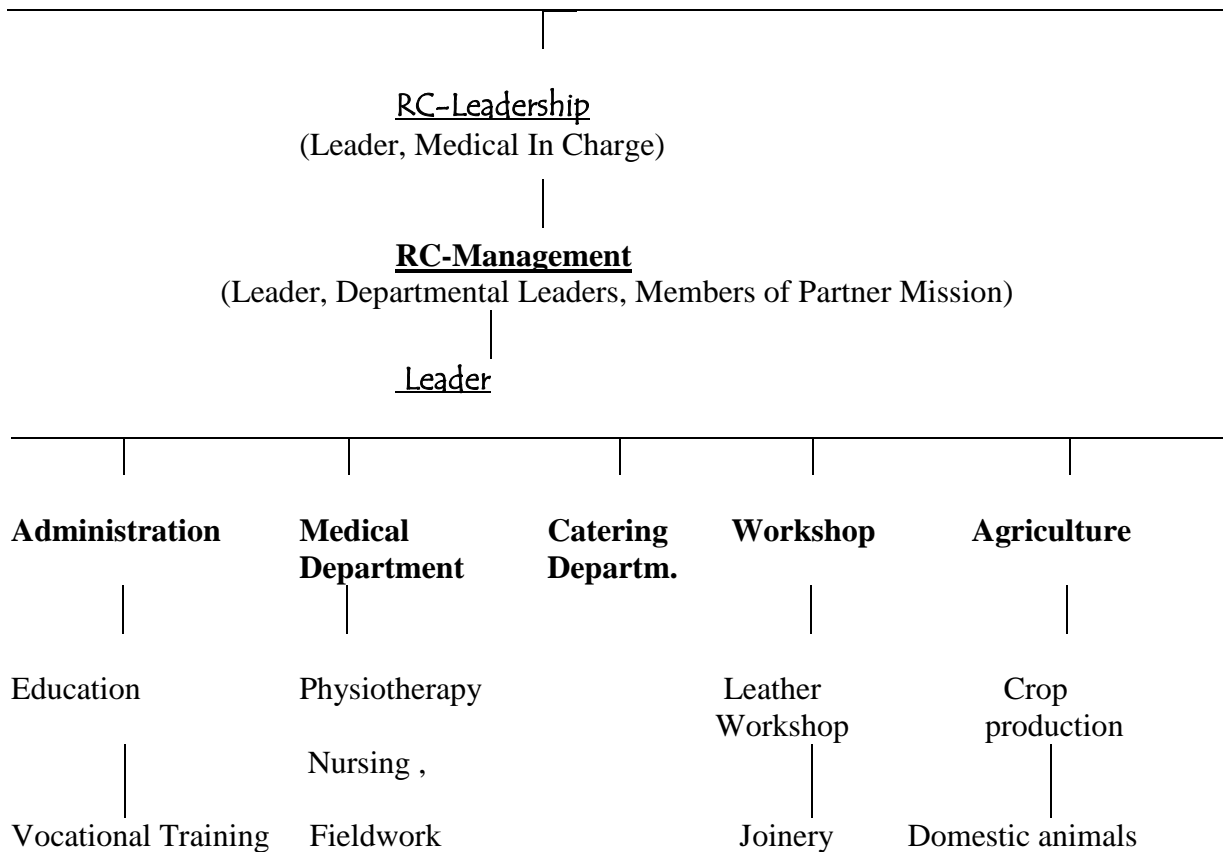
- To provide medical rehabilitation to CWD (between **0 - 25 years**), primarily within Mityana Diocese(Mubende and Kiboga district)
- To reach CWD with the word of God, both practically and theoretically showing that they are worthwhile in His view
- To teach the parents how to improve their children's situation and involve them in the process of rehabilitation
- To make communities aware of their responsibilities for the welfare of CWD

4. SERVICES OFFERED

Our aim is to provide a community based rehabilitation programme by:

- Admitting children with Polio, Cerebral Palsy, Congenital deformities, Osteomyelitis, and other disabilities to the Centre for rehabilitation
- Visiting specialists and hospitals and arranging operations if necessary
- Referring blind and deaf children for specialised care
- Recommending and providing the right appliances
- Post operation care and physiotherapy
- Training parents in the continuation of care and exercises
- Ensuring re-integration into their families and communities and teaching skills to enable them to be more self-reliant
- Fieldwork
 - a) Follow up home visits
 - b) Community Awareness
 - c) Identifying children with disabilities
 - d) Training and supervising Voluntary Mediators within the communities
 - e) Conducting regular Outreach Clinics
- Adjusting the dosage and distributing treatment for children with epilepsy

5. STRUCTURE OF NAMUTAMBA REHABILITATION CENTRE



6. Achievements and Challenge

MEDICAL DEPARTMENT:

Achievements:

1. Regular provision of epilepsy treatment for many children
2. Growing number of children with various disabilities and needs
3. Length of stay in the Centre is reduced, due to professional postoperative care
4. Counseling of clients, attendants and communities
5. Parents contributions for sustainability
6. Follow up – employment of one Field Coordinator full time(in November)
7. 4 regular Out reach clinics and other Outreach Clinics as requested
8. Training and supervision of Voluntary Mediators
9. Preparing 14 young people with disabilities for vocational training

2004	Inpatients	Attendants	Outpatients /Outreach Clinics	Total	Operations
Daily Average	35	12	7	42	-
Monthly Average	57	-	203	258	-
Number from January- December	679	-	2431	3110	86

Type of disability	Number of new children assessed from January- September 2004
CP(Cerebral Palsy)	91
Epilepsy	236
Osteomyelitis	25
Cleft lip –palate	14
Clubfoot	41
Others	260
Total	667

Epilepsy Programme

- Adjusting the dosage and distributing treatment for children with epilepsy

Clients on regular Epilepsy medicine:

Namutamba	Outreach- clinics
130	270

- Regular Epilepsy-Clinics are held at the Centre.
- Mubende District is supporting the Outreach clinics with a Psychiatric Nurse. The Voluntary Mediators are doing a wonderful work in organising and assisting in the Outreach clinics.
- We thank the MOH and Mubende District for providing PHC-funds, which enabled the Centre to cover partly the expenditures for the Epilepsy programme.

Fieldwork and Follow up

Activities to supplement our Community Based Rehabilitation Programme are:

- Outreach clinics – 15 sub counties have been visited for
 - assessment of new children
 - follow up of discharged children
 - provision of epilepsy treatment
- Home visits and Community Awareness
- Counselling
- Re-Integration of CWD
- Training and supervision of Voluntary Mediators (VM)

The Sub Counties are:

Maanyi	Sekanyonyi	Kasanda	Zigoti
Malangala	Busimbi	Myanzi	Kiyuni
Butayunja	Kiganda	Kikandwa	Ntwetwe
Kakindu	Bukuya	Muwanga	

30 Voluntary Mediators (VM) out of the above mentioned 12 Sub Counties have been trained so far.

Challenges :

1. A need for more Ant epileptic drugs, according to the rising number of clients
2. Ugandan Physiotherapist or Occupational therapist
3. Attitude towards children with Cerebral palsy
4. Appropriate follow up / Coordination of Fieldwork
5. V.M.s supervision
6. Mobility for Voluntary Mediators (bicycles)
7. Transport for Field Coordinator -motorcycle
8. Limited resources to open up further regular out reach clinics as required
9. Continuation of epilepsy treatment- children with Epilepsy have been retrieved

WORKSHOP DEPARTMENT

Achievements.

- Improved book keeping.
- Supplying the Centre with products
- Income generating production (coffins, tables, beds, others)
- Production of appliance (Crutches, calipers, walking frames, toilet sit and CP-chair)

Challenges.

Management.

Quality of services

A need for a workshop outside the Centre (separate building)

Workshop financial status

Financial Performance of the workshop

Quarter	Material costs	Labor	Electricity	Income	Profits
1	591,500/=	45,000/=	30,000/=	696,800/=	30300/=
2	478,625/=	80,000/=	50,000/=	694,600/=	85975/=
3	455,250/=	120,000/=	70,000/=	780,250/=	135000/=
4	641,750/=	140,000/=	80,000/=	830,600/=	- 31,150/=
Total	2,167,125/=	385,000/=	230,000/=	3,002,250/=	220,125/=

AGRICULTURE DEPARTMENT

Achievements

- Food production
- Animal rearing (pigs, cows, goats, chickens)
- Extension of garden
- Improved management

Challenges

- Loss of 3cows.
- Low food production compared to the center consumption.

Agricultural Financial Status

1. Food harvests (matoke, cassava, passion fruits, vegetables, etc.) in terms of money.

Season	Expenditures	Yields in terms of finances	Extra gains
1	271000/=	327500/=	56500/=
2	364000/=	830600	466600/=
Total	635,000/=	1,158,100/=	523,100/=

1. Milk

Period	Expenditures	Products financially	Profits
Jan-March	152000/=	340350/=	188350/=

3 Manure for the gardens

4. Meat

5. Income (pigs.)

Season	Expenditure	Income	Extra Gains
1	24000/=	130000/=	106000/=
2	2000/=	160000/=	158000/=

ADMINSTRATION:

The general over view of the center there are developments established.

Achievements:

1. Started a developing attitude of teamwork.
2. Morning Prayer on regular basis.
3. Management meeting on weekly basis
4. Collaboration with other Organizations
5. Staff development (Leadership course , C.B.R. seminars)
6. Construction of a new sanitary tract
7. Kitchen Renovation
8. Improved water supply.
9. Staff recruitment (Field coordinator, Teacher)
10. Keeping children in the learning environment.
11. Handcraft production.
12. The Information Day in Sept. with Honorable F. Nayiga as the guest of honor.

Challenges:

1. Accessible Administration office.
2. Sustainability of the center.
3. Delayed payment of PHC funds
4. Trained staff (Occupational Therapist)left for further studies
5. Staff development, Staff salaries

7.Future plans

1. To strengthen the Fieldwork program
 - to improve facilities for transport(Motorcycle)
 - to employ a Field Coordinator full time
2. Training of 11 Voluntary Mediators(VM)
 - providing bicycles for 2 VM
 - supervision and refresher courses
 -
3. To put more emphasis on CBR-activities

4. To strengthen the cooperation with the Ministry of Health.
5. To ensure the provision of Anti epileptic drugs
6. To extend networking with other organizations
7. To construct a workshop in a favorable environment
8. To provide an accessible office for PWD (People with Disabilities)
9. To improve on Rehabilitation facilities and children rooms
10. Further staff development-
 - 3 members of staff – to train in COMBRA(CBR)
 - The Leader- to complete the Diploma in Health Administration
 - Internal teaching
11. To provide further services in Kubota District as well as training of VM
12. To strengthen supportive projects (cow, food production, tree planting)
13. To employ a Matron to improve nursing care to the children
14. To employ further trained staff

8.FINANCES

Namutamba RCHC is a Non Governmental and Non Profit making organization and relies on donations.

On the next pages you will find the overview on Income/Expenditure 2004 as well as the Budget for 2005.

Income 2004

Month	Neukirchener Mission	PHC	SLF (Still on bank account)	Medical Contribution	Workshops	Others	Total
Jan	6,000,000	1,350,000		252,400	56,900	1,352,900	9,012,200
Feb	7,000,000			250,800	181,900	44,600	7,477,300
Mar	5,000,000	2,750,000	3,000,000	174,000	80,600	1,120,500	12,089,100
Apr	3,000,000			255,000	33,500		3,288,500
May	8,000,000			217,000	72,000	325,780	8,614,780
Jun	7,000,000	1,300,000	-	421,100	352,600	9,700	9,083,400
Jul	4,000,000	2,500,000	-	267,600	90,350	106,000	6,963,950
Aug	4,000,000	-	5,000,000	238,000	50,000	371,730	9,659,730
Sept.	3,000,000			106,300	26,100	75,300	3,207,700
Oct.	4,500,000	1,600,000		110,000	65,000		6,275,000
Nov.	17,000,000			433,600	71,700	129,250	17,634,550
Dec.	4,000,000			192,300			4,192,300
Total	72,500,000	9,500,000	8,000,000	2,918,100	1,080,650	2,271,860	97,534,510

Expenditure 2004

Month	Cost of Living	Transport	Administ.	Staff	Maintenance	Workshops	Agriculture	Medical Costs	SLF-Funds: Appliances; Operations; Voc. Training; School fees	Fieldwo
January	1,169,550	739,100	128,000	1,046,250	315,800	183,600	84,000	763,000	926,000	72
February	785,550	375,600	177,000	939,000		501,800	105,000	999,000	204,500	1
March	827,800	695,400	171,800	1,161,850	57,000	350,500	127,000	955,400	1,052,000	
April	1,758,400	710,200	328,600	909,500	40,000	400,000	376,500	794,400	320,650	1
May	832,450	704,400	477,500	894,000	118,250	485,300	140,000	913,800	1,620,000	1
June	1,004,900	433,200	776,200	1,514,400	150,000	239,000	49,500	1,068,550	1,107,000	
July	1,727,450	2,007,000	541,475	987,000	9,500	358,200	95,500	841,000	627,000	4
August	1,576,000	893,600	298,225	1,367,400	133,200	738,750	190,000	1,399,400	636,500	14
Sept.	1,165,700	432,700	49,950	967,300	237,200	176,300	95,000	380,600	1,117,700	
Oct.	1,202,900	355,500	686,700	1,726,500	66,761	207,500	194,000	1,169,750	465,500	5
Nov.	1,378,400	475,300	221,200	1,249,100	236,400	114,500	155,600	1,050,100	229,500	7
Dec.	1,584,400	395,200	253,600	1,745,100	17,000	78,300	279,300	433,250	526,000	4
Total	15,013,500	8,217,200	4,110,250	14,507,400	1,381,111	3,833,750	1,891,400	10,768,250	8,832,350	1,13
Average per month	1,251,125	684,767	342,521	1,208,950	115,093	319,479	157,617	897,354	736,029	947

We appreciate any contribution in supporting the work of the Centre.

Bank account at Stanbic Bank Ltd:

Account –No: 0121064259901
Branch: Stanbic Bank of Uganda Limited,
Kampala Road, Kampala
Name: Namutamba Rehabilitation Centre

<u>BUDGET FOR 2005</u>		
Expenditures	monthly in Ush	annually in Ush
Costs of living/ food	1,350,000	16,200,000
Transport	1,000,000	12,000,000
Administration	300,000	3,600,000
Staff Costs	1,500,000	18,000,000
Maintenance	250,000	3,000,000
Medical Costs	1,000,000	12,000,000
Appliances and Operations (SLF)	800,000	9,600,000
Fieldwork and Follow up	400,000	4,800,000
Workshops	250,000	3,000,000
Agriculture	200,000	2,400,000
Staff development	250,000	3,000,000
Others	200,000	2,400,000
Average of monthly Expenditures:	7,500,000	
Annual Expenditures:		90,000,000
Expected Income:		
Neukirchener Mission Germany	5,500,000	66,000,000
SLF		12,000,000
Expected support PHC Mubende District:		12,000,000

9. NETWORKING WITH OTHER ORGANISATION

We are sincerely grateful to all the individuals and organisations, which supported the work and collaborated in great concern with Namutamba RCHC over the last year. Regrettably space does not permit us to list all, but we would like to mention the following:

- KatalamwaCheshire
Home(CBM=Christoffel Blinden
Mission)
- Mengo-Hospital
- Mulago-Hospital
- Ministry of Health
- Health sector of Mubende District
- Liliane Foundation
- Neukirchener Mission,
- GMMT(German Medical
Missionary Team)
- Church of Uganda
- COMBRA
- UPMB
- Uganda Clubfoot Project

10.CONCLUSION

Most of the work in NRCHC services has been a miraculous excitement , since the organization depends on donations . It has been Gods mercy that up to now the children are cared for.

Appreciations goes to the donors for their efforts to keep the center running .

About achievements the Adiminstration is thankful to both board of Governors Uganda and Germany for their commitment towards the center.

Thanks to the staff members and voluntary mediators for their good implementation of the structured plans.

For achievements praise be to God and challenges the Lord will help to meet them.

However there is a need for prayers as the first important contributable aspect to the center .

Praise be to God !!

Thanks

Bob W. Wamala
Leader of NRCHC

Dr. G.Sematiko
Board Chairman

Namutamba, 25. 02. 05