



***Namutamba Rehabilitation Centre
For
Handicapped Children***

Annual Review 2002

1. TABLE OF CONTENTS

	<u>Topics</u>	<u>Page</u>
1.	TABLE OF CONTENTS.....	2
2.	INTRODUCTION.....	3
3.	HISTORICAL BACKGROUND.....	3
4.	STRUCTURE OF NAMUTAMBA RCHC.....	3 - 5
5.	MISSION STATEMENT.....	5
6.	OBJECTIVES.....	5
7.	ACTIVITIES AND ACHIEVEMENTS.....	6 - 13
8.	CHALLENGES.....	13 - 15
9.	FUTURE PLANS.....	16 - 17
10.	FINANCES.....	17 - 19
11.	CONCLUSION.....	20

2. INTRODUCTION

The year 2002 was a period of challenges and changes. But we are thankful about the achievements we have been able to reach.

We still want to show our clients, that God loves them. Their disability is just one part of them. There are many more abilities they have to discover. Therefore as a slogan, you even can find it on our letterhead; we have chosen a word from the Bible:

"Everyone is special, gifted and able to help others to glorify God". (1.Peter 4,10+11).

3. HISTORICAL BACKGROUND

The vision for the work of children with disabilities (CWD) was first conceived by Mr. B. Schweinberger in 1991, who was a German Missionary based in Namutamba.

He demonstrated practically the sympathy for CWD and was always committed to their cause. Through his own initiative he solicited funds to put up a Centre, where they would be cared for.

The Centre as an institution for CWD was opened in 1994 by the then Vice President of Uganda, Dr. Samson Kisekka, under the name of "THE LIGHT OF JESUS FOR HANDICAPPED CHILDREN".

In September 1997 the German based Neukirchener Mission took over the administration from Mr. Schweinberger. The name has now changed to "Namutamba Rehabilitation Centre for Handicapped Children", but the original vision has not changed.

The Centre is presently governed by a Board, which was set up in December 1997.

4. STRUCTURE OF NAMUTAMBA RCHC

The constantly growth of the work makes it necessary to have a good organisation and structure within the Centre. We have set up 6 departments so far:

Medical Department (Physiotherapy, Nursing, Occupational Therapy)

The medical part forms the Centre of Namutamba RCHC. Since the beginning of 2002 an Occupational Therapist enriches the work. We are really thankful to have Mr. Ivan Mubangizi within our staff. He is a real enrichment.

Mrs. Rose Nabukeera had the opportunity to participate in a course for Physioassistants in 2002, which will lead in a certificate by midst of 2003. The initiator of the course is Katalamwa Cheshire Home (KCH) in Kampala in collaboration with the Christophel Blinden Mission (CBM).

Our Nursing Aid, Mrs. Mary Nyirimpunga, works already for some years at the Centre and takes care of the children, teenager and young adults especially on evening duties.

In February 2002 Miss Sabine Haase, a registered, German nurse handed over the response to Mr. Ulrich Schubring, a registered, German male nurse, who started to work at the Centre in August 2001 already.

In the Physiotherapy a change took place as well. Miss Carolin Klotz replaced Ute Rüdiger, who has taken over again from Miss Klotz in April 2003. Both are German Physiotherapists.

Within the medical department we offer services to the Admitted Clients, these who are coming as Outpatients and those, we meet at our regular Out-Reach-Clinics in 4 different communities of Mubende District so far.

Fieldwork and Follow up

Mr. Bob Wamala, our Field Coordinator works especially in the area of Follow Up and organizes and synchronizes the needs of the discharged clients and the challenges of our Voluntary Mediators. He also plays a very important role in our Outreach Program.

Education

Miss Dorothy Muyama, our former teacher, attended a 3 months Special Needs Education Course at UNISE in Kampala from September to November 2002. Unfortunately we had to terminate the contract in January this year. Our new primary school teacher, Mr. Davis Katende, has been a client himself. He started his duty in March 2003.

Administration

As a team, Mr. Ulrich Schubring and Mr. Bob Wamala are keeping the administrative tasks in flow.

Catering Department

Two very important ladies are supplying the Centre with food, and care for a clean kitchen and the dining room: Mrs. Harriet Katamba and Mrs. Naomi Nanda.

Workshops (Joinery and Leather workshop)

Mr. Edward Katamba is the In Charge of the Joinery and Leather Workshop. After the Vocational Training Course, Mr. Alex Muyingo has been taken over as an employed carpenter by the end of 2001. Mr. Wellborn Ochora has been employed in the beginning of last year and decided to leave the Centre in December 2002.

We had to fill this gap with Mr. Bernard Kangave, who has finished his Vocational training at Kireka Industrial Vocational Training Centre by the end of last year with a very good result. He has been employed in March 2003.

Agriculture Department

We worked quite hard, to develop our newest department. Mr. David Kyakuwa, the cowboy and kitchen assistant, cares for the cattle and helps in the kitchen on heavy duties. Mr. John Kintu has been the garden worker and has been terminated in September 2002.

Since January this year a new staff member, who will be In Charge of the Agriculture Department, has started to offer his services to the Centre: Mr. Herbert Semukaaya.

5. MISSION STATEMENT

The Mission of Namutamba RCHC is to offer services to the physically handicapped children in Mityana Diocese (Kiboga and Mubende District).

- We shall provide medical rehabilitation, while making the Gospel of Jesus Christ as saviour the Centre of all services provided.
- The amount and degree of rehabilitation work shall always be in accordance with the standards set by the Ministry of Health of the Government of Uganda.
- Our services shall be to people of all communities, nationalities, religions and status, without discrimination.

6. OBJECTIVES

- To provide medical rehabilitation to CWD (between 0 - 25 years), primarily within Mityana Diocese
- To reach CWD with the word of God, both practically and theoretically showing that they are worthwhile in His view
- To teach the parents how to improve their children`s situation and involve them in the process of rehabilitation
- To make communities aware of their responsibilities for the welfare of CWD

7. ACTIVITIES AND ACHIEVEMENTS

Medical Department including Fieldwork and Follow Up

The activities to achieve the above objectives and aims, are as follows:

- Admitting children with Amputation, Cleftlip / –palate, Clubfoot (CTEV), Cerebral Palsy, Congenital Abnormalities, Delayed Milestones, Epilepsy, Fractures, Hemi-/Para-/Quadriplegia, Hydro- / Microcephalus / Spina bifida, Multiple Handicaps, Muscular Dystrophy, Osteomyelitis, Poliomyelitis, Post Burn Contracture, Post Injection Neuropathy / Dropfoot, Post Septic Hip/Joints, Skeletal Deformities / TB-Spine, and others to the Centre for rehabilitation
- Visiting specialists and hospitals and arranging operations if necessary
- Referring blind and deaf children for specialised care
- Recommending and providing the right appliances
- Post operation care and physiotherapy
- Training parents in the continuation of care and exercises
- Ensuring re- integration into their families and communities and teaching skills to enable them to be more self-reliant

During the year 2002 we have treated a quite big number of patients within the Centre (Inpatients), in our Out Patient Department (OPD) and during our Outreach Clinics (ORC).

To get proper information about the numbers of our patients, we modified our record system within the year.

	Inpatients	Outpatients (OPD)	Outreach-Clinics (ORC)
Monthly Average	50	90	60
Annual Number	598	1074	1416

The detailed statistics can be found on the next three pages.

Epilepsy Programme

- Adjusting the dosage and distributing treatment for children with epilepsy
- The number of clients on regular treatment is by the end of 2002:

Inpatients	Outpatients (OPD)	Outreach-Clinics (ORC)
5	744	1096

- Regular Epilepsy-Clinics are held at the Centre alternatively to our Outreach program especially on Thursdays and in 3 different outreach Centres (Kiganda, Myanzi and Kasanda) at each place each alternate month.
- We are quite pleased that Mr. Serwadda, the Psychiatric Nurse from Mubende District is joining the programme since the end of 2001, so that the continuous growing number of children with epilepsy can be still managed in future.
- We are very happy as well to be in the system of PHC Funds of the MOH where we have been able to get 6.310.300 US\$ in 2002. But still the money can't cover all our expenditures.

Through a donation from "Hilfe Direkt"/ Germany, we have been able to open a separate dressing room and set up a manual handpump

Also from the same German organisation we got a special electrical saw, to remove POP's much quicker and easier.

We even opened up a new store for the physiotherapy.

Fieldwork and Follow up

Activities to supplement our Community Based Rehabilitation Programme in this area, are as follows:

- Outreach clinics - 12 sub counties have been visited for
 - assessment of new children
 - follow up of discharged children
 - provision of epilepsy treatment
- Home visits
- Community Awareness
- Counselling
- Re-Integration of CWD
- Training of Voluntary Mediators (VM)

The Sub Counties are:

Maanyi	Sekanyonyi	Kasanda
Malangala	Busimbi	Myanzi
Butayunja	Kiganda	Kikandwa
Kakindu	Bukuya	Muwanga

By the end of 2002 16 Voluntary Mediators (VM) out of the above mentioned 12 Sub Counties have been trained so far.

In January 2003 we have been able to train another 10 new VM's in:

- Definition of disability
- Attitudes towards people with disabilities (PWD's)
- Causes of disability
- Prevention of disability
- Identifying different kinds of disabilities
- Management of disability
- Rights of PWD's
- How to educate their communities
- Referring clients to the Centre
- Follow up discharged clients from the Centre
- Encouraging and advising clients and their attendants (Counselling)

Mr. Wamala supervises our VM's on a regular basis and prepares a refresher course once a year. The last took place in January 2003.

Through a donation we have been able to offer bicycles to 4 of our VM's.

CP follow up

We are now trying to make more effective community based rehabilitation and we are using Maanyi Sub-County as a model for our continuation.

Our Occupational Therapist has also started to join in the Home Visit Program.

Education

Most of the clients have to stay as Inpatients for a longer period at the Centre. To make sure, that they will be still educated, we are happy to offer the services of education by a professional primary schoolteacher. The elder children, who are used to attend secondary school level have the possibility to be taught for 2 hours in the evening in English and Mathematics by another teacher of "Faith and Hope School".

In addition either our teacher or occupational therapist are teaching them skills in handcrafts, paperwork or drama.

During the time, the children have to spend at the Centre they are picking up quite a lot of skills. Some are interested to help in the daily housework, some in the agriculture department, some in the joinery or leather workshop.

10 young adults with disabilities finished the training in tailoring, carpentry or shoemaking in the year 2002. 7 have been at Kireka Industrial Vocational Training Centre and 3 at Lweza Vocational Training Centre.

Administration

We have realised the importance of a functioning administration. Clear accountability, detailed statistics, and an exact record system made it necessary to get a computer at the beginning of this year to be up to date.

In September last year, we registered with the National Security Social Fund (NSSF), which helps our staff in case of invalidity, severe sickness, death or retirement.

Catering Department

So far we have been able to provide the children and their attendants with daily fresh prepared food like: rice, posho & beans, matoke, sometimes meat, g-nut-sauce, different kinds of vegetables and fruits, milk and eggs.

Workshops

Both workshops were providing appliances to the Centre in 2002 like:

- Crutches, walking frames,
- CP-Chairs, Callipers and
- Clogs

Especially the joinery is providing the community with items of woodwork production.

In the leather workshop, we still continue with our glass cover production, as an Income Generating Project.

Agriculture Department

On our way to sustainability we are working hard in using the land of 4 acres which is belonging to the Centre since 2001. Our aim is to improve the diet of the patients. We have grown different kinds of vegetables, fruits and crops like:

- sweet potatoes
- cassava
- tomatoes
- cabbages
- yellow bananas and matoke
- passion fruits
- pineapples
- avocados
- mangos
- mulberrys
- oranges

In 2002 we decided to sell our female pig, which was not productive. After improving the shelter, we want to start a proper pig project. So far we have already got a female crossbreed pig. In addition we will get a proper exotic male pig as a donation soon.

In 2002 our cow, which extends already 10 years, got a female calf, which we lost in February of this year. But we are really blessed, because at the beginning of march, our “Nova” has given birth to another female calf.

We have also been able to plant enough Elephant Grass to offer food to the animals during the dry seasons. In addition, we extended the pasture-ground. It can give enough space and food for even 3 or 4 cows.

A new project, which we have included in our agriculture department, are the goats.

We have not all our land in use yet and so we decided to bring them in. First the area of the pasture ground needed to be cleared and fenced. A kind of combination between barbed wire and tea sticks was used.

To make it effective, we have got a proper exotic diary male goat as a donation. In addition we bought so far 6 female 37,5% crossbreed goats, 1 local female goat, and 1 male 37,5% crossbreed goat for meat production. The plan is to get another 3 local goats, that we will have 10 female goats and 2 male goats in whole amount. This will be a good base to start that project.

Aim of the project shall be:

- To produce own meat
- To get some goats' milk
- To serve the community to do cross breeding
- To sell goats
- To offer one goat to a child, who has spend a longer time at the Centre and where we know, that this child has a poor background. (to start a own project at home) and is interested in goats keeping

General

At the Open Day, 19. July 2002, we could welcome a number of guests at our Centre and give them a overview about our activities, the achievements and challenges of our work.

8. CHALLENGES

Medical Department

What we realise is, that quite a big number of patients or attendants are not able to afford the money for the transport back home after being discharged. We have to cover these costs. And yet we have not yet started that system of requesting the patients to bring in a contribution for medical treatment.

Some Epilepsy patients are not taking their medicines seriously or they fail to come regularly for the review clinics.

We failed to get the expected donations to cover the costs for operations, appliances, examinations, vocational training and school fees of our clients.

Fieldwork and Follow Up

In our Outreach program we would like to apply for other out reach points but due to the limited funds on costs of transport and more staff we can't head on as per now. But it's a requirement to acquire our target of the Mityana Diocese (Mubende & Kiboga District).

Real Rehabilitation makes it necessary to include the areas of fieldwork and follow up. Our aim is not to institutionalise children, but after treatment to discharge them back to their communities in their families, which requires follow-ups on regular basis.

Disability is not a sickness as a matter of fact. Relatives often don't take it serious, to take children for rehabilitation services.

4 pillars are the foundation of fieldwork:

- awareness arising
- counselling
- assessment
- referral

Our fieldcoordinator, is not able to do those follow ups effectively and on a regular basis by himself. It is our proposal to train people out of the communities to set community based rehabilitation (CBR) on a wider base.

Support supervision of the VM's requires fuel, and regular servicing of the motorbike. There is a need to get adequate facilities (proper helmet, jacket, trouser, gloves etc.).

We realize the importance and effectivity, to do Home Visits and Follow ups. We have already started to include our Occupational Therapist in this program. But to bring in more effort, and to make it more effective, we are looking forward to get a second cross-country motor-cycle, the necessary facilities, money for fuel and servicing and the driving licence. We hope to be considered in the budget of the Ministry of Health.

As we want to rise the number of Voluntary Mediators, we realize the missing of adequate transportation like bicycles, to make their work more effective and to widen the radius in their sphere of action.

Education

It is a big challenge to us, to send rehabilitated clients on vocational training either to Kireka or Lweza, because:

- Information about the new courses is always given out late
- Transport of the requirements and
- Insufficient medical treatment of our children.

Administration

Information of our clients is growing, as the number of new patients is still growing as well.

We are really happy to receive a computer at the beginning of this year. It will help us in keeping patient records more easier.

Catering Department

The standard of our kitchen is not up to date. It is a dark, smoky place. We need funds for the renovation

Workshops

Our workshop is still integrated in the Centre, which brings in much noise and dirt.

We lack some machines to improve the quality of our products.

Agriculture Department

The milk production is not yet enough to improve the diet of our patients. We still have to buy much food from outside, which is quite cost intensive.

Buildings

Lack of enough water supply, throughout the whole year, especially dry season.

Some of the existing water tanks are leaking.

The roof of the main building is leaking, especially in heavy rains. It needs proper repair.

Latrines & Sanitary Tract

We need to construct a new toilette and sanitary tract.

9. FUTURE PLANS

Medical Department

We like to employ an Ugandan Physiotherapist. As the work is growing, it might be also necessary to employ other members of staff.

Fieldwork and Follow Up

One of our aims of the next few years is, to train 1 VM in each Sub-County of Mubende and Kiboga District, to close the loop in the net of our rehabilitation services.

We want to set up a new numbering system of the files including a new filing system.

We plan to set up a computerised database of our clients, to make the management of our fieldwork and follow up much more easier and effective.

We want to continue integrating our clients in the mainstream i.e. families, communities etc. and with awareness campaigns

Education

We still like to support own staff to send them for further studies to improve and develop the work of the Centre in general.

Administration

We plan to set up a daily fee for medical rehabilitation of 700 USH during this year to make the attendants more aware about own response for the care of their children.

Catering Department

We like to improve in the diet for our clients and introduce a variety of foods.

Workshops

We want to improve in the quality of our products and hope to get the funds for a separate workshop building.

Agriculture Department

We plan to apply, to get another cow.

We want to make the existing projects productive.

We like to continue growing crops and compound trees.

General

We are still working on further steps towards sustainability.

We continue networking with other organisations.

Renovating of the kitchen and appropriate water supply, is one of the higher targets of this year.

As we plan a new sanitary tract, whereby Biogas facilities should be put under consideration.

As the number of staff is growing, we hope to get funds for new staff houses.

The main building needs to be renovated.

10. FINANCES

Namutamba RCHC is a non governmental and non profit making organisation and relies on donations. There are further plans to start Income Generating Activities and apply funds from other organisations to supplement the financial support from the Neukirchener Mission.

We appreciate any contribution in supporting the work of the Centre.

Bank account at Barclays Bank Ltd:

Account –No:	6427502
Branch:	Barclays Bank of Uganda Limited, Kampala Road, Kampala
Name:	Namutamba Rehabilitation Centre

On the next two pages you will find an overview about our Income and Expenditures.

11. CONCLUSION

We are sincerely grateful to all the individuals and organisations who have supported the work of the Centre and collaborated with us over the last year. Regrettably space does not permit us to list all , but we would like to mention the following:

- Katalemwa Cheshire Home(CBM = Christoffel Blinden Mission)
- Mengo-Hospital
- Mulago-Hospital
- Ministry of Health
- Health sector of Mubende District
- Liliane Foundation
- Neukirchener Mission
- Church of Uganda
- COMBRA
- UPMB

- Hilfe Direkt

Our biggest thank shall go to our heavenly father. He has enabled us through all the years, since the Centre was founded. We received many blessings in different ways.

May the Almighty continue to bless this work, he has founded.

Ulrich Schubring
Acting Director &
In Charge Medical Department

Rev'd Canon Y. K. Lubanga
Board Chairman

24th April 2003

cc: MOH
Local Government Mubende District (CAO, DDHS, LC V)
Local Government Kiboga District (CAO, DDHS, LC V)
Bulera Subcounty (LC III)
Namutamba Community (LC I)
C.O.U. Mityana Diocese
UPMB
Chairman Board
Neukirchener Mission (Namutamba Arbeitskreis)
Namutamba RCHC
SLF
Hilfe Direkt