

ANNUAL REPORT 2001

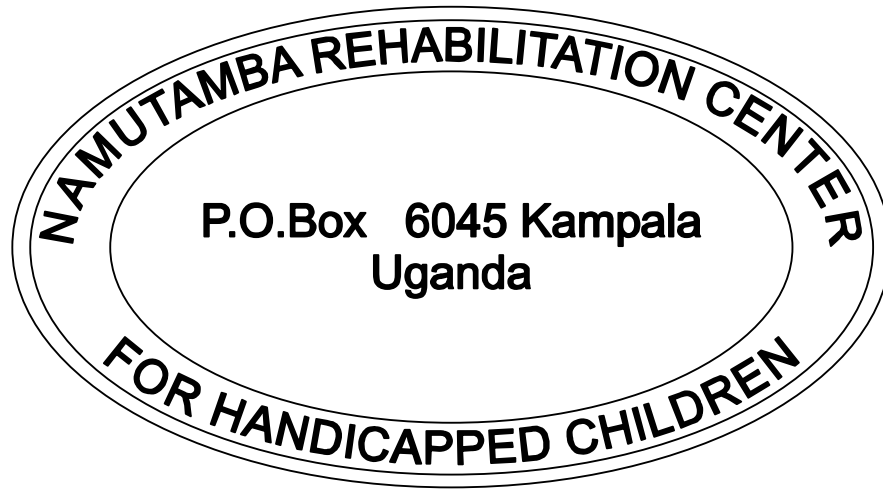


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1. Introduction

Namutamba Rehabilitation Centre for Handicapped Children (NRCHC) is located 90 km west of Kampala and 20 km north of Mityana in Mubende District of Uganda.

Since 1994, when actual activities of CBR (Community Based Rehabilitation) for physically handicapped children started, many ventures have taken place to the profit of the target group. We have experienced total growth of this project in all its wings. More children have been recorded in our programme for various needs.

You will find all main activities of CBR, successes and constraints lined up, to mark the strengths and weaknesses of our programmes.

We are now inviting you to share our experience, by reading this whole report with more attention.

2. Historical Background

The vision for the work of children with disabilities (CWD) was first conceived by Mr. B. Schweinberger in 1991, who was a German Missionary based in Namutamba. He demonstrated practically the sympathy for CWD and was always committed to their cause. Through his own initiative he solicited funds to put up a centre, where they would be cared for.

The centre as an institution for CWD was opened in 1994 by the then Vice President of Uganda, Dr. Samson Kisekka, under the name of "THE LIGHT OF JESUS FOR HANDICAPPED CHILDREN".

In September 1997 the German based Neukirchener Mission took over the administration from Mr. Schweinberger. The name has now changed to "Namutamba Rehabilitation Centre for Handicapped Children", but the original vision has not changed.

The centre is presently governed by a Board which was set up in December 1997.

3. Present Situation

Currently the centre is managed by the Neukirchener Mission in collaboration with Church of Uganda.

The centre set up has a capacity to handle 36 children. The main emphasis is towards assisting physically handicapped children.

The centre is built on a 2 acres piece of land. It has a double storied building, a kitchen, laundry, stores for food and tools, tanks to collect rainwater and a workshop for leather and woodwork.

The average time for a child to stay in the centre is dependent on the disability, between 1 week and 6 months.

4. Mission Statement

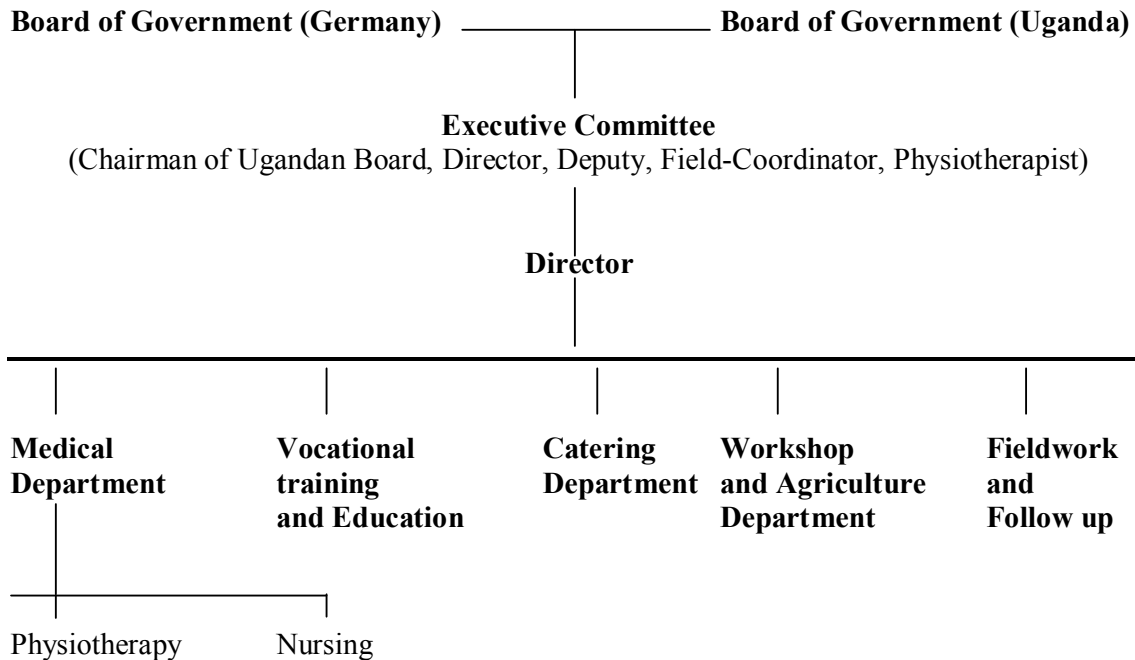
Our Mission is to offer service to the physically handicapped children in Mityana Diocese (Kiboga and Mubende District) .

* We shall provide medical rehabilitation , while making the Gospel of Jesus Christ as saviour the centre of all services provided.

* The amount and degree of rehabilitation work shall always be in accordance with the standards set by the Ministry of Health of the Government of Uganda.

* Our services shall be to people of all communities , nationalities , religions and status , without discrimination.

5. Personnel and Administration



Present number of members of staff: 12

Administration and Fieldwork:	2
Physiotherapy and Nursing Department:	2
Education:	1
Workshop and Agriculture Department:	4
Catering Department:	2
Security:	1

6. Objectives of the Institution

- To provide medical rehabilitation to CWD (between 0- 25 years), primarily within Mityana Diocese
- To reach CWD with the word of God , both practically and theoretically showing that they are worthwhile in His view
- To teach the parents how to improve their children`s situation and involve them in the process of rehabilitation
- To make communities aware of their responsibilities for the welfare of CWD

7. Activities

The activities to achieve the above objectives and aims , are as follows :

- Admitting children with Polio, Cerebral Palsy, Congenital deformities, Osteomyelitis and other disabilities to the centre for rehabilitation
- Visiting specialists and hospitals and arranging operations if necessary
- Referring blind and deaf children for specialised care
- Recommending and providing the right appliances
- Post operation care and physiotherapy
- Training parents in the continuation of care and exercises
- Ensuring re- integration into their families and communities and teaching skills to enable them to be more self-reliant

8. Epilepsy Programme

- Adjusting the dosage and distributing treatment for children with epilepsy
- The number of clients on regular treatment is by the end of 2001: 526
- Regular Epilepsy-Clinics are hold at the Centre every first and last Friday in a month and in 4 different communities
- A Psychiatric Nurse from Mubende District will join the programme, so that the continuously growing number of children with epilepsy will be managed in future
- Clients are requested to pay a contribution of 500 Ush per month, which is not covering the expenditures for the medicine

9. Fieldwork and Follow up

Activities to supplement our Community Based Rehabilitation Programme in this area, are as followed:

OUTREACHCLINICS- 8 subcountries have been visited for- assessment of new children,
- follow up of discharged children,
- provision of epilepsytreatment

HOMEVISITS

COMMUNITY AWARENESS

COUNSELLING

RE-INTEGRATION OF CWD

TRAINING OF VOLUNTEER MEDIATORS (VM):

- 16 VM have been trained so far
- 68.75 % are effective
- annual refresher-courses are organised
- they are working on voluntary basis

- they are trained in:
 - identifying different kinds of disabilities
 - how to educate their communities wherever possible and necessary
 - referring clients whenever identified
 - following up discharged clients from the centre ,
 - encouraging and advising clients and their attendants

10. Statistics

	1999	2000	2001	Total Number
Children for Assessment	376	599	680	1655
Average of Admitted Children	24,5	28,0	33,0	28,5
Operated Children	28	51	66	145

	1999	2000	2001	Total Number
Cerebral Palsy	124	155	86	365
Epilepsy	49	169	303	521
Poliomyelitis	37	33	11	81
Clubfeet	10	27	30	67
Osteomyelitis	12	28	23	63
Others	144	187	227	558
Total Number	376	599	680	1655

11. Achievements

- 11 young adults with disability finished the training in tailoring, carpentry or shoemaking in the year 2001.
- 3 members of staff completed the 4-month-CBR_Course in COMBRA (Community Based Rehabilitation Alliance)
- The land of 4 acres is now clearly belonging to the Centre and is partly used for growing food
- Gutter pipes were fixed, to improve on rainwater supply
- One staff house for the house parents was completed,
- the workshop was providing appliances to the Centre like:
 - crutches, walking frames,
 - CP-chairs (Cerebral Palsy), callipers and
 - Clogs.
 - and also providing the community with items from the carpentry production

12. Challenges

- transportation for appropriate follow up
- transport for Voluntary Mediators (bicycles)
- financing the epilepsy medicine, since the number of clients is growing
- follow up and home visits are not yet as intensive as necessary
- water supply is not guaranteed throughout the year
- partly ignorance in continuation of epilepsy-treatment

13. Future plans

- Further steps towards sustainability
- To improve on the management system of follow up and fieldwork and extend our services
- Integration of clients in the mainstream
- To continue with awareness campaigns
- To continue networking with other organisations
- To make the existing projects productive
- Further staff development
- Renovation of sanitary tract and appropriate water supply

14. Networking with other Organisations

We are sincerely grateful to all the individuals and organisations who have supported the work of the Centre and collaborated with us over the last year. Regrettably space does not permit us to list all, but we would like to mention the following:

- Katalamwa Cheshire Home(CBM = Christoffel Blinden Mission)
- Mengo-Hospital
- Mulago-Hospital
- Ministry of Health
- Health sector of Mubende District
- Liliane Foundation
- Neukirchener Mission
- Church of Uganda
- COMBRA

15. Steps to Sustainability

- Cow project – to provide the Centre with milk
- Parent contribution
- Production of glass covers
- Wood-workshop-production
- Food production

16. Finances

Namutamba RCHC is a non governmental and non profit making organisation and relies on donations. There are further plans to start

To start income generating activities to supplement the financial support from the Neukirchener Mission.

Currently the Centre has opened up an account with Barclays Bank .

We appreciate any contribution in supporting the work of the Centre.

Bank account at Barclays Bank Ltd:

Account –No:	6427502
Branch:	Barclays Bank of Uganda limited, Kampala Road, Kampala
Name:	Namutamba Rehabilitation Centre

EXPENDITURES IN 2001

Expenditures	monthly in Ush	annually in Ush
Costs of living/ food	762.800	9.153.600
Transport	373.550	4.482.570
Administration	219.200	2.629.550
Salaries	754.000	9.049.400
Maintenance	342.500	4.109.550
Costs for medical rehabilitation	412.850	4.954.125
Appliances and operations	482.150	5.785.800
<u>Average of monthly Expenditures:</u>	<u>3.347.050</u>	
<u>Annual Expenditures:</u>		<u>40.164.595</u>

17. Conclusion

We should be very happy to state here that our CBR project has been running quite smoothly and that the results have been positive.

But still, there are some areas of concern that ought to be attended to for its full success.

We cannot be satisfied at this level , since we would like to do even more to lead the CWD to their recognition as well as appreciation of their talents and values to the outside world as well as themselves. They should feel:

- We love them as they are and that we need them too.
- We promise to maintain our good relationship with other organisations.
- We are looking forward to the year 2002.

Ulrich Schubring
Acting Director &
In Charge Medical Department

Rev'd Canon Y. K. Lubanga
Board Chairman

07th February 2002